
Aesthetics **is the science of promoting healthy skin. Often methods are of a natural origin, and treatment is as individual as the clients themselves**

We use products with the highest concentrations of vitamins and minerals available to drastically, *physically* improve the skin. NOT superficially. Everyone knows that vitamins and minerals are good for you.

The acne products calm and soothe rather than burn and dry.

The anti-aging products structurally improve the density and firmness of the skin. See a visible difference in two weeks. See MY before and after pictures in the spa.

All facials include a face neck and shoulder massage, and steam. Clients who pre-book their next facial for within 4-6 weeks, receive the frequent facial discount.

European women have facials regularly to keep their skin beautiful. Why shouldn't American women have skin that's just as radiant? Regular skin care sessions increase firmness, deep clean clogged pores, and drastically improve the appearance of the face. I only use the highest quality products made of high concentrations of vitamins and minerals for true improvement of the skin. Why look older and wrinkled? Why let acne plague you? Beautiful skin can be yours today. Ask about our "Frequent Facials" program, for beautiful affordable skin care.

Join one of our physician administered Botox parties! Dr. Kohler, acclaimed eye surgeon, performs the Botox injections.

Because we are a group, we receive a 20% discount on Botox services. A \$20 NON REFUNDABLE deposit is required to hold your spot for a certain date. If you fail to attend without canceling 24 hours prior, you will forfeit your deposit. This keeps the attendance numbers high enough to get the discount. These gatherings are the sole responsibility of Dr. Kohler and in no way are associated with Nancy Tozier

Forehead horizontal lines \$140.

Crease between brows and eyebrow lift \$240.

Crows feet both eyes \$205.

Lower Lids \$50

DERM 
Mineral
Dermatologist Recommended
Mineral Makeup. Always Bismuth
Free!

American Oasis Day Spa Spa Menu



Relax, Renew and
Refresh

Come melt at the oasis....

Hair Care, Makeup Artistry,
Skin Care, Hair Coloring,
Nails, Massage, Hair Care
Products, Mineral Makeup,
Skin Care Products, Color
Analysis and Botox

207-547-2772 OR 207-877-9671

3708 West River Road
Sidney, ME 04330

www.americanoasisdayspa.com

Deep Cleansing Facial Geared toward a client with enlarged pores, light to moderate adult acne, or concerns of mild aging, includes heated hand and foot mitts,.....\$50.00 __Approximately 1 hour

Anti-acne Facial Gain control of out of control skin. Diet is discussed, and cares of the skin, to achieve a nice NORMAL skin, not an overly dry, overly antibiotic-ed skin! Very successful products calm and clear skin. First appointment.....\$45.00 +

Maintenance appointments..\$28.00
Approximately 1 1/2 hours then follow up, 45 minutes...\$40.00 if scheduled within 6 weeks

Men's Facial Dealing with irritation, ingrown hairs, aging. A wonderful relaxing, deep tissue massage of face, neck, and shoulders, while firming and cleansing techniques are applied
One hour\$45.00

Firming Facial With the years passing quickly, we don't want to LOOK like they did. To increase health, and firmness, this treatment will leave the client both looking and feeling better. Massage, cleansing, steam, vitamin/mineral therapy heated hand and foot mitts...\$50.00 one hour

Hydrating Facial For the client with dry skin, that just can't get enough moisture in. Includes all firming facial does with extensive exfoliation and moisture counseling\$50.00 one hour

Back Facial Massage stiffness away, cleanse, and clear pores of debris. Includes massage and steam. Look great feel soft.... \$38.00 45 minutes

Glycolic Treatments are the only Alpha Hydroxy Acids that successfully go deeply in to the skin to slowly remove wrinkles, or scarring, and stimulate new collagen growth. Deeper than Micro Dermabrasion.....\$25.00 Fifteen minutes

Makeup Application: For that special occasion or just to learn how. I am trained in both Boston and New York and a registered makeup artist with the film commission.

Application.....\$30.00 to \$35.00
For Airbrushing add.....\$7.00
Bridal.....\$35.00 to \$40.00
Group Lesson.....\$30.00 each
Gather your friends for a Makeup Lesson Party! Learn lots while having fun!

All foundation shades are custom blended to match exactly.

Bottle Custom Matched Foundation \$18.95.

Color Analysis with Makeup Lesson. You'll be amazed at how harmonious you can look. Younger, healthier, perfect..\$50.00

Waxing A perfectly shaped brow can change the whole appearance of the face and eyes

Eyebrows.....\$10.00

Underarms..... \$22.00

Leg-over knee.....\$28.00

Leg- full.....\$40.00

Chest or Back.....\$32.00

Bikini wax.....\$18.00

No Brazilians

Eye Lash Tinting Pale lashes become dark and sultry. Lasts one month.....
.\$18.00

Airbrush Tanning.....\$30.00

I am the New England distributor for **DERM**Mineral Mineral Makeup, the only bismuth free mineral makeup. This makeup includes two reflective sunscreens so the suns rays are reflected away rather than absorbed then neutralized.
www.dermmineral.com

We offer every type of hair services. Since each stylist is a sub contractor, prices may vary

Ladies Cuts and Style, Men's Cuts, Hair Color, Foil Highlights, Cap Highlight, Permanent Waves

Massage A blend of Swedish massage with Reiki additions\$55.00

Energy Work Routine Great for the client who prefers to remain fully dressed. Increase energy and feelings of well being.....\$35.00

Mineral Makeup:

Foundation.....\$17.95

Blush.....\$ 14.95

Bronzer or Veil.....\$17.95

Eye Shadows.....\$6.95

Lip Gloss.....\$7.95

Lip Stick.....\$8.95

Eye Liner.....\$8.95

Mascara.....\$10.00

See our web site for a comprehensive list of the vitamin, mineral and peptide based skin care lines we carry as well as a color chart of our cosmetics